

Aha Mastery

The Clarity Tool

When you know your destination before you begin, you can achieve exponential growth. As Earl Nightingale said in his classic, *The Strangest Secret*, "We become what we think about most of the time." This tool will help you see your future with complete clarity, so you can stop wasting time on the things not serving your dreams, goals, and aspirations. Instead, your actions will have purpose, and your hours will be spent achieving those goals.

Name:

Date:

1 Current Status (The Truth)

Write down where you are in the different areas of your life that matter most.

When you're dirt honest with yourself, what do you really want?

Where are you with your health?

Your finances?

Your relationships?

Your business?

Other areas of your life that matter to you?

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2 One Year Goals (Look Back)

Now, let's fast forward a year. Where do you want to be in these areas? Write it down and capture this vision for yourself. Get emotional, get engaged, get engulfed, and visualize specific details about what made it so amazing.

It's a year from now. Where are you?

Where are you now in your health?

Your finances?

Your relationships?

Your business?

Other areas of your life that matter to you?

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3 Your “Why”

Understanding your “why” is the final step you need to make your vision real. Why do you want what you want, whether it’s to take your income from where it is to the next level, start your own business, help your company evolve, lose weight, have more intimacy in your life, have more passion in your actions, have more joy on a daily basis, and live a life with more smiles than frowns?

We’ll take a deeper dive later, but let’s get a start here by putting on paper what you think your “why” might be.

Let’s fast forward a year, and imagine that the vision you projected came true. What emotions would you feel?

4 Capabilities

What new capabilities will you need to achieve this vision?